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# Abstract

# **Objective:**

Heroin dependence (HD) affects brain development and is known to be heritable. The *NeuroD* gene encodes a neuroge nic differentiation factor, and its expression is essential for the development of the central nervous system. In this genetic case-control study, we aimed to investigate whether *NeuroD* gene polymorphisms associate with the occurrence of HD and the specific personality traits of patients with HD.

# Methods:

1107 unrelated participants (584 patients with HD and 523 controls) were recruited to the study The patients with HD were classified into six clinical subgroups based on their gender, duration, and age of onset to reduce heterogeneity. In total, 539 subjects completed the personality trait assessments.

# **Results:**

We found a weak association between the *NeuroD 1* rs16867467 locus and HD (p=0.048); this weak association was found only in the male (p=0.039) and late onset (p=0.047) HD subgroups. These findings could not be confirmed after haplotype analysis and Bonferroni corrections for multiple comparisons. Patients with HD had higher novelty seeking (NS) and harm avoidance (HA) scores than healthy subjects. However, none of the polymorphisms in the *NeuroD* gene affected the NS and HA scores in both patients and healthy subjects (p>0.05). A negative correlation was found between age and novelty seeking scores in both groups, suggesting novelty seeking personality trait as a risk factor for early-onset HD.

# **Conclusion:**

This study suggests that the *NeuroD* gene may neither contribute to the risk of HD nor mediate the relationship between specific personality traits and HD.

# Keywords:

Heroin dependence, NeuroD, Novelty seeking, Harm avoidance, Personality traits

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#### Acronyms

HD: Heroin Dependence; SADS-L: Schedule Of Affective Disorder And Schizophrenia-Life Time; DSM-IV-TR: Diagnostic And Statistical Manual Of Mental Disorders; 4<sup>th</sup> Edition; TPQ: Tridimensional Personality Questionnaire; NS: Novelty Seeking; HA: Harm Avoidance; RD: Reward Dependence; SNP: Single Nucleotide Polymorphism; LD: Linkage Disequilibrium; NC: Normal Controls

### Introduction

Heroin addiction involves impulsive/compulsive drug seeking, tolerance, and physical dependence [1]. It is associated with high rates of mortality, morbidity, and other adverse consequences, and constitutes a worldwide public health crisis [2]. With dramatic advances in molecular biology during the past decade, heroin dependence (HD) is now considered a chronic, relapsing brain disease with heritable vulnerability. Family twin studies show that the genetic background of an individual accounts for about 50% of the inherited risk to heroin addiction, which suggests substantial heritability [3-5].

Heroin dependence affects the development and differentiation of the brain and changes in neuroactivity [6]. In addition, heroin-induced weakening of brain activity may lead to repeated relapse [7]. The developing brain of adolescent children is particularly susceptible to the effects of drugs abuse [8]; therefore, it is hypothesized to contribute to their increased propensity for drug use [6]. Heroin addiction also has a negative influence on neurogenesis in adults. It has been observed that during self-administration of various drugs and after withdrawal/relapse, there is a reduction in the spontaneous neurogenesis in the brain in animal models, which may result in drug taking/drug seeking behavior [9]. Postmortem human studies of heroin addicts also demonstrated a decreased number and low rates of proliferation of neural precursor cells [10], which suggests an important association between *NeuroD* development and heroin addiction.

*NeuroD* is a neurogenic differentiation factor, and is also known as a tissue-specific member of the basic helix–loop–helix (bHLH) family [11,12]. The expression of *NeuroD* is essential for the development of multiple tissues at different stages, especially in the central nervous system [13]. The *NeuroD* family is composed of four members, including *NeuroD* 

1, NeuroD 2, NeuroD 4 (also known as neuroM or MATH-3), and NeuroD 6 (also known as Nex1 or MATH-2) [14], each of which exhibits an overlapping but distinct spatiotemporal expression profile [15]. The NeuroD 1 gene is located on chromosome 2q31.3, spanning 4-5 kb; NeuroD 2, on chromosome 17q12, 4~5 kb; NeuroD 4, on chromosome 12q13.2, ~10 kb; and NeuroD 6, on chromosome 7p14.3, 3-4 kb. Previous postmortem studies of the human brain revealed lower NeuroD 2 mRNA levels in the cortex and hippocampus of opiate-dependent individuals, suggesting the possible impact of the NeuroD protein on heroin-abusing behavior and in sustaining addiction [16]. The genetic heterogeneity of the NeuroD gene may have functional consequences, as several studies have linked the genetic variants of NeuroD to diabetes mellitus [17], alcohol dependence [18] and schizophrenia [19]. We postulate that heroin addiction may be associated with NeuroD gene variants owing to the substantial heritability of HD and its possible association with NeuroD development and NeuroD differentiation.

Despite the heritability of vulnerability to HD and the fact that NeuroD variants may play an important role in the development of HD, no studies have reported an association between the genetic variants of NeuroD and HD. In addition, the heterogeneity in the clinical features such as the age of onset of HD and the personality traits of patients may influence the genetic susceptibility [20]. For example, the early onset of HD has been shown to be associated with more frequent drug use, quicker escalation to higher levels of use, greater persistence in using with poorer clinical and functional outcomes [21], and the personality of heroin addicts show higher novelty-seeking and antisocial profiles [22].

This study aimed to determine whether *NeuroD* gene polymorphisms are associated with the occurrence of HD. In addition, we determined whether the age of onset of HD is related to *NeuroD* genetic variants and if the relationship between the *NeuroD* gene and the personality traits of the patients influences the pathogenesis of HD.

# Methods

## Participant

The study protocol was approved by the Institutional Review Board for the Protection

of Human Subjects at the Tri-Service General Hospital (TSGH), a medical teaching hospital that belongs to the National Defense Medical Center in Taipei, Taiwan. The study was carried out in accordance with the principles of the Declaration of Helsinki. Written informed consent was obtained from all the participants. All the participants were unrelated, born and living in Taiwan, and all their biological grandparents were of Han Chinese ancestry. The study participants were all selected from the Han Chinese population to minimize the effect of ethnic differences on gene frequencies.

# Group of patients with HD

Patients were recruited from various clinical settings. Each patient was initially examined by an experienced attending psychiatrist and then interviewed by a well-trained psychologist using the Chinese Version of Modified Schedule of Affective Disorder and Schizophrenia-Life Time (SADS-L) test. The SADS-L is designed according to the Research Diagnostic Criteria [23], with inter-rater reliability k values for substance abuse and dependence of 0.82 [24]. The final diagnosis was confirmed with the Diagnostic and Statistical Manual of Mental Disorders, 4th edition (DSM-IV-TR), and all the patients in this study met the DSM-IV-TR criteria for HD.

To reduce the heterogeneity related to confounding variables such as age of onset, duration of drug dependence, and gender, the HD group was further divided into six subgroups: early-onset HD (onset age, ≤25 years) and late-onset HD (onset age, >25 years) subgroups based on age of onset; duration ≤5 years and >5 years based the duration of drug dependence; and male and female based on sex. A Chinese version of the Tridimensional Personality Questionnaire (TPQ) was used for assessing specific personality traits in the HD group. The TPQ is a self-report questionnaire that measures three genetically distinct personality dimensions: novelty seeking (NS), harm avoidance (HA), and reward dependence (RD) [25].

## **Group of healthy controls**

The healthy controls were recruited from the community. A Chinese version of the modified SADS-L was used to screen out individuals in the control group who had psychiatric conditions. All the subjects in the control group were free of past/present major or minor mental disorders. In addition, there was no family history of psychiatric disorders or substance use disorders in the first-degree relatives of the control subjects.

#### Blood sampling and DNA extraction

After informed consent was obtained from all the participants, a peripheral vein blood sample from each subject was drawn into a vacutainer tube containing the anticoagulant ethylenediaminetetracetic acid (EDTA). Genomic DNA was extracted from the leukocytes using a commercial kit (DNAzol; Invitrogen, Carlsbad, CA, USA).

## Selection of neuroD variants

The study variants of *NeuroD* were selected on the basis of National Center for Biotechnology Information Single Nucleotide Polymorphism (SNP) database (www.ncbi.nlm.nih.gov/ projects/SNP/) and an available TaqMan assay from Applied Biosystems. We selected 7 SNPs with minor allele frequencies of more than 0.1 to represent the *NeuroD* gene family.

#### Genotyping methods for NeuroD gene

Genetic polymorphisms of NeuroD (rs1801262, rs16867467, rs2583016), NeuroD 2 (rs12453682), NeuroD 4 (rs2656804, rs1532833), and NeuroD 6 (rs2233404) were genotyped using TaqMan assays (Applied Biosystems, Foster City, CA, USA) employing FAM<sup>™</sup> and VIC<sup>®</sup> dyes as per manufacturer protocol. We used the Applied Biosystems STEPONE<sup>™</sup> software and STEPONEPLUS<sup>™</sup> real-time PCR systems for thermocycling and data collection. For quality control, genotyping accuracy was confirmed by restriction fragment length polymorphism (RFLP) methods and bidirectional direct sequencing of 50 random samples of DNA with a model 3730 DNA analyzer (Applied Biosystems).

#### **Statistical Analysis**

#### The SPSS statistical software

The independent samples t-test and Pearson's chi-square analysis were used to compare the clinical and demographical parameters between patients with HD and healthy controls and between subgroups. Hardy–Weinberg equilibrium was assessed for each group, and the allele and genotype frequencies for each individual polymorphism were compared

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between patients and controls by using the two-tailed Pearson's chi-square analysis; the Fisher's exact test was used instead of Pearson's chi-square test when the sample sizes were smaller than expected (<5 subjects). To assess the influence of age, gender, and NeuroD gene variants on the incidence of HD, we conducted a logistic regression using patient/ control group as the binominal dependent variable (using the dominant model). A oneway analysis of variance (ANOVA) was used to compare the NS and HA scores between polymorphisms in patients with HD and healthy controls. The SPSS (version 20, SPSS Inc., Chicago, IL) statistical software was used for all the analyses, and results with p<0.05 were considered statistically significant.

#### The HAPLOVIEW software

The linkage disequilibrium (LD) coefficients (D'), haplotype frequency, haplotype block, haplotype association, and the Hardy–Weinberg equilibrium for each SNP were assessed using the HAPLOVIEW software (version 4.2, Broad Institute, Cambridge, MA) [26]. We defined a haplotype block as a set of contiguous SNPs with the four-gamete rule, as there is no evidence of recombination between loci [27]. All tests were two-tailed and the alpha was set at 0.05. In addition, to correct the possible bias and inflation of significance after multiple comparisons, we used Bonferroni corrections and 10000 permutation procedures for the single-marker and haplotype tests, respectively.

#### **The G-POWER software**

The power analysis was performed using the G-POWER 3.1 software [28]. Our total sample size (n:1107) had a power of ~0.85 to detect a small effect (effect size:0.1) and 1.00 to detect medium (effect size:0.3) and large (effect size:0.5) effects of genotype distributions. Our study had a power of ~0.91 to detect a small effect in the allele frequencies of these 7 polymorphisms and a power of 1.00 to detect medium and large effects.

#### Results

#### Clinical characteristics

The study sample consisted of 1130 unrelated Han Chinese subjects, of which 23 were excluded because of incomplete genotype data. Therefore, the data from 1107 subjects (584 patients and 523 healthy controls) were analyzed in the genetic study. The average age of onset of HD in the patients was  $28.4 \pm 7.7$  years, while the average duration of HD was  $10.0 \pm 8.8$  years. There were no significant differences in the mean age (patients, 38.4 ± 9.3 years; controls, 39.1 ± 12.0 years; p=0.232) or gender ratio (patients, 354:230 male: female; controls, 346=177 male: female; p:0.056) between groups. However, the patients with HD had a lower mean educational level than controls (patients, 11.0 ± 3.8 years; controls, 14.6 ± 2.6 years; p<0.001). Among HD patients in our subjects, the comorbidity "nicotine dependence", "amphetamine of dependence" or "mood disorders or anxiety disorders" is 84%, 56%, 27%, respectively."

#### Allele and genotype frequency analysis

Seven NeuroD SNPs were genotyped in this study, and the allele and genotype frequencies are shown in Table 1. All the genetic variants of the 7 SNPs were in Hardy-Weinberg equilibrium in both patients and controls. The allele frequencies were not significantly associated between the 7 NeuroD SNPs and HD (p>0.05). The genotype frequency analysis revealed a weak association between the rs16867467 polymorphism of *NeuroD 1* and HD ( $\chi$ 2:6.082, p=0.048). However, this weak association was only found in the late onset ( $\chi$ 2:6.099, uncorrected p=0.047) and male HD subgroups (x2:6.477, uncorrected p:0.039); other 6 NeuroD SNPs did not show an association with HD. None of the NeuroD polymorphisms were associated with the duration of HD in the patients (p>0.05, Table 1). When dividing HD patients into subgroups of with or without psychiatric comorbidities, the weak association of NeuroD1 rs16867467 polymorphism and the occurrence of HD remained in patients with psychiatric comorbidities ("nicotine dependence", "amphetamine dependence" or "mood disorders or anxiety disorders"), but not in patients without psychiatric comorbidities. However, these association findings could not be confirmed by Bonferroni corrections.

#### Haplotype analysis

The association of *NeuroD* variants with HD was further investigated using haplotype analysis. Figure 1 depicts the pairwise linkage disequilibrium (LD) of the SNPs with an LD map and block structure of the studied *NeuroD* polymorphisms and the D' values. The haplotype block 1 (rs1801262–rs16867467-rs2583016) includes 3 SNPs in *NeuroD 1*, while the haplotype block 2 (rs1532833–rs2656804)

Table 1:	Gene locat	ion, all	ele and	genotype	frequer	icies of	the r	neuroD	gene	pol	ymor	phisms a	mong pa	tient	s with	HD ar	id cont	rols.	
		Lo	ocation	Position	MAF	MAF		Alle	ele⁵	e <sup>b</sup> Controls		(n=523)			Total I	HD (n=	584)		
NeuroD	Variants	in		reference			pª	_	_	Gei	Genotype, n (%)				Genotype, n (%)				<b>p</b> <sup>c</sup>
Family		ne	uroD	dbSNP	HD	NC		1	2	1/1		1/2	2/2		1/1	1/2		2/2	]
NeuroD1	rs180126	52 Ex	on	182543455	5 0.074	0.074	0.99	99 <b>T</b>	С	5 (1	.0)	67 (12.8)	451 (86	5.2)	5 (0.9)	76 (	(13.0)	503 (86.1)	0.983
	rs168674	67 Int	ron	182544889	0.217	0.195	0.21	0 <b>T</b>	С	26 (	(5.0)	152 (29.1	) 345 (66	5.0)	22 (3.8	) 209	(35.8)	353 (60.4)	0.048*
	rs258301	6 5'l	JTR	182545218	8 0.074	0.075	0.93	33 <b>C</b>	Т	5 (1	.0)	68 (13.0)	450 (86	5.0)	3 (0.5)	80 (	(13.7)	501 (85.8)	0.652
NeuroD2	rs124536	82 Ur	known	37770005	0.395	0.404	0.64	2 <b>T</b>	С	94(	18.0)	235 (44.9	) 194 (37	7.1)	90(15.4	4) 281	(48.1)	213 (36.5)	0.425
NeuroD4	rs265680	)4 3'l	JTR	55421250	0.378	0.360	0.38	31 <b>T</b>	С	65(	12.4)	247 (47.2	) 211 (40	0.3)	81(13.9	9) 280	(47.9)	223 (38.2)	0.673
	rs153283	3 Int	ron	55416041	0.378	0.360	0.38	31 <b>T</b>	G	65(	12.4)	247 (47.2	) 211 (40	).3)	81(13.9	9) 280	(47.9)	223 (38.2)	0.673
NeuroD6	rs223340	04 Int	ron	31378933	0.289	0.262	0.19	98 <b>G</b>	Α	31 (	(5.9)	215 (41.1	) 277 (53	3.0)	50 (8.6	) 238	(40.8)	296 (50.7)	0.234
NouraD	Late onset HD (n=354)			·		HD duration > 5 years (n=34				40)		Male NC (n=346)			Male HD (n=354)				
Family	Variants	Genot	vpe, n (%	)	p۲	Genoty	enotype, n (%)				p۲	Genotype, n (%)			Genotype, n (%)			)	p٢
,		1/1	1/2	2/2	-	1/1	1/	/2	2/2			1/1	1/2	2/2		1/1	1/2	2/2	_
NeuroD1	rs1801262	4(1.1)	0.418	302(85.3)	0.879	1(0.3)	43	3(12.6)	296(8	7.1)	0.616	2(0.6)	41(11.8)	303(8	37.6)	1(0.3)	54(15.3	3) 299(84.5	) 0.418
	rs16867467	16(4.5)	131(37	.0) 207(58.5	0.047*	15(4.4)	12	23(36.2)	202(5	9.4)	0.091	18(5.2)	96(27.7)	232(	57.1)	17(4.8)	130(36	.7) 207(58.5	) 0.039*
	rs2583016	2(0.6)	52(14.7	7) 300(84.7)	0.698	0(0.0)	44	4(12.9)	296(8	7.1)	0.262	1(0.3)	43(12.4)	302(8	37.3)	0(0.0)	56(15.8	3) 298(84.2	0.233
NeuroD2	rs12453682	56(15.8	) 168(47	.5) 130(36.7)	0.646	50(14.7)	) 16	68(49.4)	122(3	5.9)	0.319	61(17.6)	150(43.4)	135(3	39.0)	52(14.7)	168(47	.5) 134(37.9	0.439
NeuroD4	rs2656804	53(15.0	) 164(46	.3) 137(38.7)	0.550	50(14.7)	) 17	75(51.5)	115(3	3.8)	0.144	43(12.4)	164(47.4)	139(4	40.2)	53(15.0)	173(48	.9) 128(36.2	) 0.440
	rs1532833	53(15.0	) 164(46	.3) 137(38.7)	0.550	50(14.7)	) 17	75(51.5)	115(3	3.8)	0.144	42(12.1)	165(47.7)	139(4	40.2)	53(15.0)	173(48	.9) 128(36.2	0.402
NeuroD6	rs2233404	29(8.2)	150(42	.4) 175(49.4	0.337	34(10.0)	) 13	39(40.9)	167(4	9.1)	0.077	20(5.8)	148(42.8)	178(	51.4)	35(9.9)	138(39	.0) 181(51.1	) 0.112

Abbreviations: NC, normal controls; HD, heroin dependence.

<sup>a</sup> Minor allele frequency (MAF) in patients with HD compared with the control group using the Pearson's  $\chi^2$  test.

<sup>b</sup> Allele 1 (bold, italicized) indicates the minor allele, and only alleles with a frequency higher than <u>5%</u> are shown.

<sup>c</sup> Genotype frequencies in patients with HD or its subgroups compared with the controls using the Pearson's χ<sup>2</sup> test.

\* A p value < 0.0014 (0.05/35) was considered significant after Bonferroni's correction.



**Figure 1:** The LD structure between 3 polymorphisms in the *neuroD1* gene region and between 2 polymorphisms in the *neuroD4* gene region. The upper panel shows the location of polymorphisms in the *neuroD* gene and the lower panel shows the output of HAPLOVIEW version 4.2. The D' value (left LD map) and r<sup>2</sup> value (right LD map) shown within each square represent a pairwise LD relationship between the two polymorphisms. Red squares indicate statistically significant LD between the pair of polymorphisms. Darker shades of red indicate higher values of D' up to a maximum of 1 and white squares indicate pairwise D' values with no statistically significant difference in LD.

includes 2 SNPs in *NeuroD* 4. There was no significant difference between HD and control subjects in the *NeuroD* 1 and *NeuroD* 4 haplotype frequencies, respectively (P>0.05 after correcting for multiple comparisons with 10000 permutations). Further analyses in the HD subgroups based on the age of onset, sex, and duration failed to reveal a significant difference in the haplotype frequencies between the HD and control groups (p>0.05; Table 2).

# Dominant model to reclassify each genotype of the SNPs

We performed logistic regression analyses using age and sex as covariates to assess the influence of each *NeuroD* gene variant on the pathogenesis of HD (Table 3). We used the dominant model to

reclassify each genotype of the *NeuroD* SNPs as a binominal dependent variable. After correcting for the confounding effects of age and sex, we found no significant influence of these markers on the occurrence of HD (p:0.052). Although the rs16867467-T allele carriers were slightly more likely to develop HD in the late onset (uncorrected p:0.027) and male (uncorrected p:0.017) subgroups, these associations were not statistically significant after Bonferroni corrections (reached a basic significant association,  $\alpha$  design was 0.05/7:0.007).

#### NeuroD gene and age in the determination of personality traits

Of the participants, 539 completed the personality assessment with the Chinese version

Table 2: Ha	plotype anal	ysis of the r	neuroD ge	ne in pat	ients with H	D and cont	rols.					
Haplotype b	olock 1 (In Neur	oD1)	Frequency	,								
rs1801262	rs16867467	rs2583016	Total NC	Total HD	Early onset HD	Late onset HD	Male NC	Male HD	Pª	P <sup>b</sup>	P°	P <sup>d</sup>
С	C	Т	0.732	0.709	0.742	0.689	0.746	0.690	0.725	1.000	0.244	0.064
С	Т	Т	0.193	0.215	0.192	0.229	0.188	0.229	0.665	1.000	0.279	0.171
Т	С	С	0.070	0.071	0.062	0.075	0.060	0.076	1.000	1.000	1.000	0.950
Haplotype b	olock 2 (In Neur	oD4)	Frequency									
rs1532833	rs2656804	Total NC	Total HD	Early onsetHD	Late onset HD	Male NC	Male HD	Pa	P <sup>b</sup>	P	P <sup>d</sup>	
G	C		0.638	0.622	0.626	0.619	0.638	0.606	0.880	1.000	0.991	0.942
Т	Т		0.359	0.378	0.374	0.381	0.359	0.394	0.880	1.000	0.970	0.932

Abbreviations: NC, normal controls; HD, heroin dependence.

Haplotype frequencies shown in the table were >0.01

All the p values were corrected using the 10000 permutation procedure.

<sup>a</sup> Healthy controls vs. patients with HD (all)

<sup>b</sup> Healthy controls vs. patients with early-onset HD (HD onset age ≤ 25 years).

<sup>c</sup> Healthy controls vs. patients with late-onset HD (HD onset age > 25 years).

<sup>d</sup> Healthy controls (males) vs. patients with HD (males).

Table 3:	Table 3: A logistic regression analysis of the neuroD gene polymorphisms as risk factors for heroin dependence.													
NeuroD Family		No	· · · · · · · · · · · · · · · · · · ·	Total HD (n = 584) [			Late-o	nset HD (n = 3	54)	Male HD (n = 354)				
		variants (reference)		OR <sup>b</sup>	95% CI	р <sup>с</sup>	ORb	95% CI	<b>p</b> d	OR <sup>b</sup>	95% CI	<b>p</b> •		
NeuroD1	rs1801262	T/T and T/C	(C/C) <sup>a</sup>	1.012	0.718 – 1.425	0.947	1.071	0.727 – 1.576	0.729	1.302	0.845 – 2.006	0.232		
	rs16867467	T/T and T/C	(C/C) <sup>a</sup>	1.276	0.998 – 1.632	0.052	1.370	1.036 – 1.811	0.027*	1.457	1.069 – 1.986	0.017*		
	rs2583016	C/C and T/C	(T/T) ª	1.025	0.729 – 1.439	0.889	1.102	0.752 – 1.614	0.620	1.295	0.844 – 1.988	0.237		
NeuroD2	rs12453682	T/T and T/C	(C/C) <sup>a</sup>	1.013	0.793 – 1.295	0.917	1.027	0.775 – 1.360	0.852	1.074	0.790 – 1.460	0.647		
NeuroD4	rs2656804	T/T and T/C	(C/C) <sup>a</sup>	1.111	0.872 – 1.416	0.396	1.062	0.805 – 1.402	0.670	1.166	0.857 – 1.585	0.328		
	rs1532833	T/T and T/G	(G/G) ª	1.111	0.872 – 1.417	0.394	1.061	0.804 - 1.400	0.675	1.164	0.856 – 1.582	0.333		
NeuroD6	rs2233404	GG and G/A	(A/A) <sup>a</sup>	1.103	0.871 – 1.398	0.416	1.149	0.876 – 1.506	0.315	0.997	0.740 – 1.343	0.983		

Abbreviations: HD, heroin dependence; OR, odds ratio; CI, confidence intervals.

<sup>a</sup> Genotype within parenthesis indicates the reference group of genotype.

<sup>b</sup> Odds ratio is given with 95% confidence intervals (95% Cl) after using a logistic regression analysis.

<sup>c</sup>Healthy controls vs. patients with HD (all).

<sup>d</sup> Healthy controls vs. patients with late onset HD (HD onset age > 25 years).

<sup>e</sup> Healthy controls (males) vs. patients with HD (males).

\* A p value < 0.0024 (0.05/21) was considered significant after Bonferroni correction.

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of TPQ (n:292 for patients with HD; n:247 for healthy controls). For TPQ subscores, we only analyzed the NS and HA dimensions in our study given the low inter-reliability of the RD dimension scores in the Han Chinese population of Taiwan. The HA and NS scores were significantly higher in the HD group (mean NS/ HA scores,  $13.8 \pm 4.7/12.2 \pm 4.9$ ) than in the NC group (mean NS/HA scores, 12.8 ± 4.3/10.8 ± 5.2). However, the subgroup analyses revealed that the NS scores are significantly higher in the early onset HD subgroup (NS scores, 15  $\pm$  4.8; p<0.001) but not in the late onset HD subgroup (NS scores, 13.0 ± 4.4; p=0.621). We found no significant association between the NeuroD genotype and the NS and HA personality traits in both the groups (p>0.05, Table 4). We further analyzed the role of age and sex in determining specific personality traits. We found a negative correlation between age and NS scores in both controls and patients (p<0.001, Figure 2), while no correlation was found between age and HA scores in the two groups (p>0.05, data not shown). In addition, psychiatric comorbidities interfered the with the results of HA and NS scores, that HD patients had higher NS and HA score than normal controls, specifically to HD patients with these comorbidities ("nicotine dependence", "amphetamine dependence" or "mood disorders or anxiety disorders") (p<0.05).

### Discussion

# NeuroD gene family may not predict the occurrence of HD

NeuroD is an important factor in neural differentiation and may influence cognitive function and increase drug abuse in patients with HD. This is the first study using NeuroD genetic variants to approach the etiology of heroin addiction. Of the 7 single markers we studied, NeuroD 1 rs16867467 was possibly associated with the occurrence of HD, while the other variants were not. In addition, this association was only found in the late onset and male subgroups (Table 1) of the 6 HD subgroups defined to reduce the clinical heterogeneity. We also found that a T-allele carrier of NeuroD 1 rs16867467 may be a risk factor for HD in the male and late onset subgroups (Table 3), although these associations could not be confirmed after Bonferroni corrections (at a corrected p threshold of 0.007; 0.005/7:0.007). The haplotype analysis also revealed no significant difference in the haplotype frequencies between the two experimental groups or with the subgroups (Table 3). Our results suggest that the NeuroD gene family (NeuroD 1, NeuroD 2, NeuroD 4, and NeuroD 6) may not play an important role in the occurrence of HD.

*NeuroD* regulates the differentiation of many neuronal areas, including the dentate gyrus of the hippocampus [29], the cerebellar granule

controls	Association	ana	iiysi	s between tr	le neurod ge	ene polymor	pnism	is and s	specific perso	onality traits	in patients v	vith HD a	and			
		Alle	eleª	Total HD (n=292)												
NeuroD	Variants		2	Novelty seeking score				b	Harm avoida	_						
lanniy		1		1/1	1/2	2/2	F	<b>P</b> °	1/1	1/2	2/2	F	P			
NeuroD1	rs1801262	Т	С	15.00(±0.00)	13.38(±4.67)	13.82(±4.67)	0.211	0.810	13.00(±0.00)	11.47(±4.36)	12.33(±4.97)	0.632	0.532			
	rs16867467	Т	С	12.45(±3.53)	13.80(±4.57)	13.82(±4.79)	0.445	0.641	13.09(±5.61)	11.67(±4.57)	12.47(±5.00)	1.095	0.336			
	rs2583016	С	Т	NA	13.35(±4.60)	13.84(±4.68)	0.455	0.501	NA	11.47(±4.28)	12.34(±4.98)	1.310	0.253			
NeuroD2	rs12453682	Τ	С	12.87(±4.06)	14.03(±4.81)	13.78(±4.69)	1.075	0.343	12.09(±4.46)	11.93(±4.88)	12.60(±5.05)	0.583	0.559			
NeuroD4	rs2656804	Τ	С	13.20(±4.54)	13.76(±4.53)	13.96(±4.89)	0.403	0.669	12.12(±4.50)	12.33(±4.58)	12.05(±5.38)	0.110	0.895			
	rs1532833	Т	G	13.20(±4.54)	13.76(±4.53)	13.96(±4.89)	0.403	0.669	12.12(±4.50)	12.33(±4.58)	12.05(±5.38)	0.110	0.895			
NeuroD6	rs2233404	G	А	13.66(±4.16)	13.46(±4.78)	14.02(±4.68)	0.477	0.621	12.38(±5.06)	12.08(±5.07)	12.25(±4.69)	0.064	0.938			
		Allelea		Total NC (n=247)												
NeuroD	Variants		_	Novelty seeking score					Harm avoida	-	(					
lanniy		1	2	1/1	1/2	2/2	F	<b>p</b> °	1/1	1/2	2/2	F	p			
NeuroD1	rs1801262	Т	С	10.00(±0.00)	12.88(±4.29)	12.79(±4.27)	0.219	0.803	6.00(±0.00)	9.81(±4.83)	10.99(±5.29)	1.132	0.324			
	rs16867467	Т	С	12.76(±3.19)	12.25(±4.43)	13.04(±4.28)	0.873	0.419	10.53(±5.99)	10.67(±4.45)	10.92(±5.51)	0.082	0.921			
	rs2583016	С	Т	10.50(±0.71)	12.75(±4.41)	12.82(±4.27)	0.293	0.747	8.00(±2.83)	9.84(±4.83)	10.99(±5.30)	0.960	0.385			
NeuroD2	rs12453682	Т	С	13.32(±4.30)	13.01(±4.57)	12.22(±3.78)	1.297	0.275	10.34(±4.89)	11.29(±5.56)	10.46(±4.98)	0.862	0.424			
NeuroD4	rs2656804	Т	С	11.72(±3.95)	13.15(±4.26)	12.69(±4.35)	1.470	0.232	11.38(±4.67)	10.51(±4.63)	11.02(±6.10)	0.456	0.634			
	rs1532833	Т	G	11.72(±3.95)	13.15(±4.26)	12.69(±4.35)	1.470	0.232	11.38(±4.67)	10.51(±4.63)	11.02(±6.10)	0.456	0.634			
NeuroD6	rs2233404	G	А	13.36(±2.80)	13.05(±3.84)	12.54(±4.66)	0.513	0.599	10.18(±4.31)	11.05(±4.95)	10.69(±5.54)	0.218	0.804			

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**Figure 2:** Correlation between age and novelty seeking scores. Significant association between age and novelty seeking existed in both individuals with HD (left side; with blue color) and healthy controls (right side; with red color). The Spearman's  $\rho$  is -0.22 for individuals with HD and -0.29 for healthy controls.

cell layers [30], and the inner ear neurons [31]. Animal studies have shown that the NeuroD pathways would interfere with adult neurogenesis and subsequent contextual memory retention and stability of dendritic spines [32,33]. We postulated that patients carrying a risk genotype in the NeuroD gene locus may have dysfunctional NeuroD proteins leading to impaired neurogenesis, thereby making them more susceptible to the environmental stimuli which raise the risk to develop substance dependence. However, the genetic association study did not support our hypothesis. Although our results indicate no association between the NeuroD gene family and heroin addiction, these results should be verified by further replication studies with different populations or different substance use disorders, since this is the first human genetic study.

## Possible confounding factors

The association between *NeuroD* gene and HD may be obscured by some confounding factors. First, substance use disorder and addictive behavior are multifactorial diseases with multiple genetic contributions, and the interaction between genes could not be overlooked. The existing linkage-based data for addiction has informed the current model for the polygenic genetic architecture of substance dependence

in humans; according to this model, variants in each individual gene contribute modest amounts to the overall genetic vulnerability [34]. Hence, our findings should be further verified well-designed gene-to-gene interaction by studies to provide useful information about identifying polygenic mechanisms that mediate the genetic susceptibility to HD, involving genes associated with NeuroD development and NeuroD differentiation. Second, environmental factors such as socioeconomic status, also play an important role in the etiology and pathogenesis of HD [35], that would interfere with the study result. for example, familial socioeconomic status is associated with substance abuse [36]; thus, it must be considered in future gene-association analyses. Third, the NeuroD family consists of four members, each of which is located on a different chromosome. The genetic distance between members of the NeuroD family may imply that each NeuroD member has a unique and distinct expression, and this diversity in location and/or function would increase the complexity of the overall genetic association study.

#### NeuroD gene, specific personality traits and the occurrence of HD

Since the publication of TPQ, Cloninger's tridimensional theory of personality and psychopathology has been widely applied to

research related to substance use disorders [37]. The study suggested that the *NeuroD* gene variants may be associated with different personality traits, further influencing the development of HD. We found that the novelty seeking and harm avoidance scores are higher in patients with HD than in healthy controls; however, none of the studied polymorphisms of the *NeuroD* gene were associated with the novelty seeking or harm avoidance scores. These results imply that the *NeuroD* gene does not play a role in mediating the relationship between specific personality traits and the occurrence of HD.

# Novelty seeking personality trait as a risk factor for early-onset HD

A higher novelty seeking score is one of the most relevant individual factors associated with higher impulsivity, excitability, and behavioral disinhibition [38]; higher novelty seeking would predict the initiation of drug use, subsequent vulnerability to compulsive use, and a higher propensity to relapse [39]. In this study, patients with HD had higher NS traits; this was consistent with our previous studies of patients with amphetamine or alcohol dependence [40,41]. However, when we divided the HD subjects who completed the TPQ into subgroups defined on the basis of the age of onset, and only the patients with early onset HD had significantly higher NS scores than controls. A similar finding has been reported by Li et al., where NS behavior was seen to mediate the association between the catecholamine-O-methyltransferase gene and early-onset HD in the Chinese population [42]. The prevalence of HD has increased over the past decade, especially in young adults (aged 18-25 years) [43,44]. Our study found that a negative correlation between the NS score and age in patients with HD, implying that the novelty seeking personality trait is a risk factor for early-onset heroin dependence [45]. Therefore, an effective prevention strategy is necessary in adolescents with higher novelty seeking traits to prevent heroin addiction in the young population.

# Study Limitations

There are several limitations to our study. First, the number of subjects included in each of the HD subgroups may not be sufficient to detect the influence of *NeuroD* gene polymorphisms on the occurrence of HD; moreover, only 292 of the 584 patients with HD completed the TPQ assessment, further reducing the statistical power to detect a genetic association with specific personality traits. Second, the HD group was clinically heterogeneous in terms of the severity profile, which would interfere with the power of genetic association studies [46]; subdivision of HD patients on the basis of severity profiles may be considered in future studies. Third, owing to the unreliable RD dimension of the Chinese version of TPQ, we did not analyze the RD subscore in the study. In order to address this shortcoming, other personality trait assessment tools should be used to investigate the RD score association. In addition, our study did not exclude heroin addiction with other comorbid substance abuse conditions, the confounding effects of which must not be overlooked.

## Conclusion

In conclusion, the polymorphisms in the *NeuroD 1* rs16867467 locus showed a trend of association with the occurrence of HD; however, this trend failed to meet the statistical thresholds imposed by the multiple comparison correction algorithms. Our study suggests that the *NeuroD* gene may neither contribute to the risk of HD nor mediate the relationship between specific personality traits and HD. However, the role of *NeuroD* in the occurrence of HD and other substance-abuse disorders should be studied further in both animal and human clinical studies.

### **Conflict of interest**

The authors declare that they have no conflict of interest.

#### **Acknowledgments**

This research was funded by several grants through the Ministry of Science and Technology (MOST-102-2325-B-016-002, MOST-104-2314-B-*016-012-MY3*) Tri-Service (HSY); General Hospital (TSGH-C103-133, TSGH-C104-129, TSGH-C105-124, TSGH-C106-100) (HSY); and Medical Affairs Bureau, Ministry of National Defense, Taiwan (MAB-104-073 and MAB-106-120) (HSY) for support this study. These funding agencies played no role in the study design, collection, analysis or interpretation of data, the writing of the report, or the decision to submit the paper for publication. We like to thank Miss Mei-Chen Shih, Miss Yun-Hsin Lin, Dr. Che-Hung Yen and Dr. Yi-Wei Yeh for their assistance in the preparing this manuscript.

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