



# Electroconvulsive Therapy Modulates the Structural and Functional Architecture of Frontal Pole in Major Depressive Disorder

Jinping Xu<sup>1</sup>, Qiang Wei<sup>2</sup>, Ziyun Xu<sup>1</sup>, Qingmao Hu<sup>1</sup>, Yanghua Tian<sup>2</sup>, Kai Wang<sup>2</sup>, Jiaojian Wang<sup>3,†</sup>

## Abstract

### Background:

Although electroconvulsive therapy (ECT) is the most potent treatment for severely major depressive disorder (MDD), little is known about the neural mechanism of ECT in MDD patients. The frontal pole (Fp) plays an important role in integrating social, emotional, and cognitive processes. However, the exact role of Fp, especially at the sub-regional level, response for ECT in MDD remains largely unknown.

### Methods and Findings:

We combined voxel-based morphometry and resting-state functional connectivity (RSFC) to investigate the structural and functional alterations in Fp sub-regions to explore the mechanism of ECT in 23 MDD patients before and after ECT. Structurally, we found increased gray matter volume (GMV) of the left Fp1 and left Fp2 in MDD patients after ECT. Functionally, we found decreased RSFC between the left Fp1 and right cerebellum, left fusiform gyrus, and between right Fp1 and left fusiform gyrus, as well as increased RSFC between right Fp1 and left angular gyrus, left cuneus, and between right Fp2 and left cuneus in MDD patients after ECT. Furthermore, we also found significant associations between the changes of the GMV/RSFC and the therapeutic efficacy or side effects of ECT in MDD patients.

### Conclusion:

These results showed that the ECT can distinctly modulate GMV and RSFC of Fp at sub-regional level in MDD patients, which provide a novel view to understand the mechanism of ECT and may help us optimize the ECT procedures for improving therapeutic efficacy and reducing side effects.

### Keywords:

Major depressive disorder, Electroconvulsive therapy, Frontal pole, Resting-state functional connectivity, Gray matter volume

<sup>1</sup>Institute of Biomedical and Health Engineering, Shenzhen Institutes of Advanced Technology, Chinese Academy of Sciences, Shenzhen 518055, China

<sup>2</sup>Department of Neurology, the First Hospital of Anhui Medical University, Hefei, 230022, China

<sup>3</sup>Key Laboratory for NeuroInformation of the Ministry of Education, School of Life Science and Technology, University of Electronic Science and Technology of China, Chengdu 625014, China

<sup>†</sup>Author for correspondence: Dr. Jiaojian Wang, School of Life Science and Technology, University of Electronic Science and Technology of China, Chengdu 610054, P.R. China, Phone: +86-028-8320 6265; email: jiaojianwang@uestc.edu.cn

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**Introduction**

Major depressive disorder (MDD) is the leading global cause of disability with approximately 350 million people suffering from it in the world [1]. Despite of the availability of numerous psychopharmacological treatments, evidence indicates that only 60–70% of persons who tolerate antidepressants will respond to first-line drug therapy. Among all the antidepressant methods, the electroconvulsive therapy (ECT) was the most potent and rapid one for severely MDD patients and treatment-resistant MDD patients, leading to remission in about 50–70% of such patients [2]. However, the clinical use of ECT is accompanied by safety concerns due to the potentially long-lasting unfavorable effects on memory and other cognitive functions [3]. Indeed, cognitive changes, especially the retrograde and anterograde memory deficits, have been widely reported due to ECT [4]. Although several previous studies were performed to uncover the mechanism of the ECT in the MDD patients [5–7], the mechanism underlying the therapeutic efficacy and side effects of ECT in MDD patients is still under debate, which hinders the optimization of ECT procedures for improving therapeutic efficacy and reducing side effects.

Most previous neuroimaging studies have identified functional and structural abnormalities of the frontal pole (Fp) in MDD patients. Functionally, it has been reported that the Fp was involved in behavioral disturbances related to introspective evaluation [8], self-relevant reflection [9], and rumination occurrence [10] in MDD patients. Corroborating the functional considerations, there are also reports about structural alterations of the Fp in MDD patients, such as reduced gray matter volume (GMV) [11,12], cortical thickness [13], and variations in the neurophysiological metabolism of receptors [14]. In addition, a single-photon emission computed tomography-based study also demonstrated cerebral blood flow reduction in the left frontopolar gyrus in MDD patients after ECT [15]. Moreover, a recently developed variant of ECT, known as focal electrically administered seizure therapy, takes the Fp as targets during treatment of MDD [16,17]. Considering such important roles of the Fp in the MDD patients, thus, investigations of the functional and structural alterations of the Fp in MDD patients after ECT provide us a novel view to understand the mechanism of ECT.

Recently, histological examination demonstrated the presence of two distinct cytoarchitectonic areas in the human Fp: area frontopolaris 1 (Fp1, lateral) and area frontopolaris 2 (Fp2, medial) [18]. Interestingly, sub-region based morphometric analysis only found a significantly smaller left Fp2 in the MDD patients, accompanied by a negative correlation of disease severity and duration [19]. While using independent component analysis, reduced connectivity of the left Fp1 in a network associated with attention and working memory was identified in MDD patients [20]. These discrepant results raise two questions: (1) whether the ECT can distinctly modulate structural and functional patterns of the Fp at sub-regional level in MDD patients; and (2) how they related to the therapeutic efficacy and side effects of ECT in MDD patients.

To answer the above questions, we combined voxel-based morphometry (VBM) and resting-state functional connectivity (RSFC) to study the structural and functional changes of Fp sub-regions defined using cytoarchitectonic probabilistic maps to explore the mechanism of ECT in 23 MDD patients before and after ECT. First, we compared the GMV and the RSFC patterns of the bilateral sub-regions of Fp in MDD patients before and after ECT. Next, correlation analyses were used to explore the associations between the changes of GMV/RSFC and the changes of Hamilton Rating Scale for Depression (HRSD), Delayed Recall of Auditory Verbal Learning Test (AVLT-DR), and Immediate Recall of Auditory Verbal Learning Test (AVLT-IR) scores in the MDD patients before and after ECT.

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**Methods****■ Participants**

We recruited patients with diagnoses of depression referred for ECT by psychiatrists from the Anhui Mental Health Center between 2012 and 2015. The diagnoses of depression were established at the basis of Diagnostic and Statistical Manual of Mental Disorders-IV criteria. Patients who showed resistance to drug therapy or a severe suicidal tendency were referred for ECT. Patients with ECT before the current course, substance dependence, and pregnancy,

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life threatening somatic disease, neurological disorders, other comorbid mental disorders or MRI-related contraindications were excluded in this study. At last, 23 patients remained for this study and all continued to take antidepression drugs during ECT administration. The detailed information of antidepression drugs can be found in the paper by Wang, *et al.* [21]. Demographics and clinical data of the MDD patients were shown in **Table 1**. All the participants were right-handed and provided written informed consent. This study was carried out in accordance with the Declaration of Helsinki and approved by the Anhui Medical University Ethics Committee.

■ ECT procedures

Patients underwent modified bi-frontal ECT in the Anhui Mental Health Center using a Thymatron System IV Integrated ECT Instrument (Somatics, Lake Bluff, IL, USA). The first three ECT administrations occurred on consecutive days, and the remaining was conducted every other day with a break of weekends until patients’ symptoms remitted. The initial percent energy dial was set at the patient’s age when the patient was older than 50 years (for example, 53% for a 53-year-old patient); others were set at the value of patient’s age minus five (for example, 40% for a 45-year-old patient). Moreover, the percent energy would increase until a therapeutically satisfactory seizure was obtained. During each ECT procedure, patients were under propofol anesthesia. We administered succinylcholine and atropine to relax muscles and

suppress the secretion of glands, and monitored seizure activity with electroencephalography [7]. Detailed information can be found in the paper by Wei, *et al* [7].

■ Clinical measurements

We administered the 17-item HRSD [22] to assess the symptoms of MDD patients. They completed the scale 12–24 hours before the first ECT and 24–72 hours after the last ECT.

We also used the Auditory Verbal Learning Test (AVLT) to assess the verbal episodic memory. According to the quite difficulty of the classical AVLT, a simplified version was used in this study. At first, a list of 15 words was read to subjects with the speed one word per second. After presentation, they were immediately asked to recall as many words as possible. The AVLT-IR was repeated 3 times and recalled words were recorded for 3 trials. After 10 minutes, under the condition of no presentation before, the subjects were instructed to recall the 15 words presented during AVLT-IR and AVLT-DR. The total scores for AVLT-IR (trial 1–3) and AVLT-DR were separately analyzed.

■ MRI data acquisition

All patients underwent the functional MRI (fMRI) scans at the First Affiliated Hospital of Anhui Medical University. Two scans were prospectively performed at 12–24 hours before the first ECT and 24–72 hours after the last ECT for MDD patients. All participants were asked to keep their eyes closed, relaxed, awake, and not to think of anything in particular during

**Table 1: Demographics and clinical data.**

| Subjects                               | MDD                |              |
|--|--------------------|--------------|
|  | Number of subjects | 23           |
| Age: mean ± SD                         | 38.74 ± 11.02      |              |
| Gender (male : female)                 | 11 : 12            |              |
| Education level: mean ± SD             | 8.83 ± 3.89        |              |
| Durations of illness (months)          | 70.35 ± 83.27      |              |
| Age of onset (years)                   | 33.90 ± 12.26      |              |
| Number of Treatment: mean ± SD         | 7.26 ± 2           |              |
| Episodes (First : Recurrence)          | 8 : 15             |              |
| Family history (n patients)            | 2                  |              |
| Medication:medicationfree (n patients) | 23 : 0             |              |
|  | Before ECT         | After ECT    |
| AVLT-IR: mean ± SD                     | 19.65 ± 8.57       | 17.13 ± 6.47 |
| AVLT-DR <sup>a</sup> : mean ± SD       | 6.82 ± 3.16        | 3.91 ± 3.78  |
| HRSD scores <sup>b</sup> : mean ± SD   | 22.22 ± 4.74       | 3.83 ± 2.15  |

Note: MDD, major depressive disorder; ECT, electroconvulsive therapy; AVLT-IR, immediate recall of Auditory Verbal Learning Test; AVLT-DR, delayed recall of Auditory Verbal Learning Test; HRSD, Hamilton Rating Scale for Depression. <sup>a</sup>Significant difference of AVLT-DR in MDD patients before and after ECT (paired two-sample t-test,  $t = 3.664, p < 0.001$ ); <sup>b</sup>Significant difference of HRSD scores in MDD patients before and after EC (paired two-sample t-test,  $t = 17.186, p < 0.001$ ).

the scan. All scans were performed using a clinical 3.0 T whole body MRI scanner (Signa HDxt 3.0 T, GE Healthcare) with a standard echo planar imaging sequence. The T1-weighted anatomic images were acquired in sagittal orientation with three-dimensional inversion recovery prepared fast spoiled gradient recalled sequence (repetition time = 8.676 ms, echo time = 3.184 ms, inversion time = 800 ms, flip angle = 8°, field of view = 256 × 256 mm<sup>2</sup>, matrix size = 256 × 256, slice thickness = 1 mm, voxel size = 1 × 1 × 1 mm<sup>3</sup>, and sections = 188). The resting-state functional images were recorded using a standard echo planar imaging sequence with the following parameters: repetition time = 2000 ms, echo time = 22.5 ms, flip angle = 30°, 240 volumes, 33 slices, slice thickness = 4 mm, gap thickness = 0.6 mm, voxel size = 3.4 × 3.4 × 4.6 mm<sup>3</sup>, matrix size = 64 × 64, and field of view = 220 × 220 mm<sup>2</sup>.

■ **VBM analysis**

The structural MRI images were preprocessed using the standard procedure implemented in VBM8 toolbox (<http://dbm.neuro.uni-jena.de/vbm.html>) in SPM8 (<http://www.fil.ion.ucl.ac.uk/spm>). Each structural image was segmented into gray matter, white matter and cerebrospinal fluid and subsequently transformed to MNI space using DARTEL-normalization. The normalized and modulated gray matter images were used for further analysis.

■ **Resting-state fMRI data preprocessing**

Preprocessing of the resting-state fMRI data was performed with the Data Processing & Analysis of Brain Imaging (DPABI, <http://rfmri.org/>

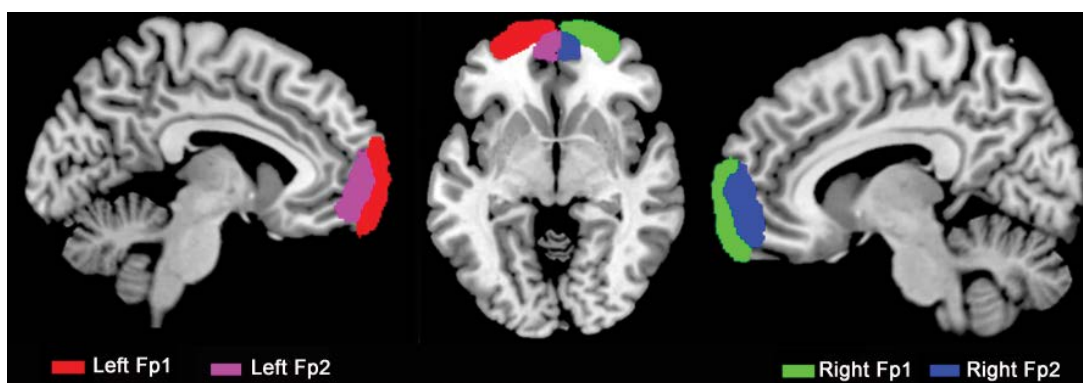
dpabi). For each participant, the preprocessing steps were: (1) the first 10 volumes of each functional time series were discarded to allow for magnetization equilibrium; (2) the slice times for the remaining 230 images were corrected and realigned to the first volume to account for head motion (subjects with head motion exceeding 3 mm in any dimension or 3° of angular motion through the resting-state run were removed); (3) all data were spatially normalized to the MNI template and resampled to 3×3×3 mm<sup>3</sup>; (4) spatial smoothing was performed using a Gaussian kernel of 6 mm full-width at half maximum; (5) temporal band-pass filtering (0.01 - 0.08 Hz) was performed; (6) linear and quadratic trends were removed; and (7) nuisance signals, such as those from white matter, cerebrospinal fluid, the global mean signal, and six motion parameters, were regressed out. Finally, this preprocessing procedure provided a four-dimensional residual time series in a standard MNI space for each participant.

■ **Definition of seed regions**

The region of interests (ROIs) was derived from the cytoarchitectonic probabilistic mapping of the human Fp in 10 human postmortem brains by calculating the maximum probability map of Fp sub-regions, which yielded Fp1 and Fp2 [18] (**Figure 1**). The four seed regions were resampled to 1.5 × 1.5 × 1.5 mm<sup>3</sup> for VBM analysis and 3 × 3 × 3 mm<sup>3</sup> for RSFC analysis.

■ **Effects of ECT on the GMV of the Fp sub-regions**

For each subject, voxel-wise GMV were summed up across voxels of each of the four histological masks. Then, paired two-sample



**Figure 1:** The maximum probability maps of the sub-regions defined within the human frontal pole (Fp). They were derived from a recent cytoarchitectonic mapping of the human Fp in 10 human postmortem brains, which yielded sub-regions Fp1 and Fp2. Abbreviations: Fp1, frontopolaris 1; Fp2, frontopolaris 2.

*t*-tests were performed using SPSS 19.0 (SPSS, Chicago, IL, USA) to determine group difference of GMV in the patients before and after ECT. The significance was determined with  $p < 0.05$ .

■ **Effects of ECT on RSFC of the Fp sub-regions**

The RSFC was defined as the Pearson’s correlation coefficients between the mean time series of each seed region and that of each voxel in the rest of the brain. Correlation coefficients were converted to *z* values using Fisher’s *z* transformation to improve normality. Paired two-sample *t*-tests were performed to identify group difference of RSFC in the patients before and after ECT. The significance was determined with a cluster-level corrected threshold of  $p < 0.05$  (voxel-level  $p < 0.001$  using the AlphaSim method).

**Statistical analyses**

The statistical significant level was set at  $p < 0.05$ . First, paired two-sample *t*-tests were performed to explore the differences in AVLT-IR, AVLT-DR and HRSD scores in MDD patients before and after ECT. Then, the mean RSFC of the altered regions was calculated and paired two-sample *t*-tests were performed in the patients before and after ECT.

Finally, the correlation analyses were used to explore the associations between the changed GMV, changed RSFC and the changes of the AVLT-IR, AVLT-DR and HRSD scores before and after ECT with age, gender and education as covariates.

**Results**

■ **Effects of ECT on clinical assessments in MDD patients**

There was significantly decreased mean AVLT-DR (before:  $6.82 \pm 3.15$ , after:  $3.91 \pm 3.77$ ) in MDD patients after ECT ( $p = 0.001$ ), suggesting negative effects of ECT on patient’s memory. There was no significant difference in AVLT-IR in MDD patients after ECT compared to before ECT ( $p = 0.178$ ). In addition, there was also significant reduction of HRSD scores (before:  $22.21 \pm 4.95$ , after:  $3.82 \pm 2.07$ ) in MDD patients after ECT ( $p < 0.001$ ), indicating excellent therapeutic effects of ECT. The detailed information is shown in **Table 1**.

■ **Effects of ECT on GMV of Fp sub-regions**

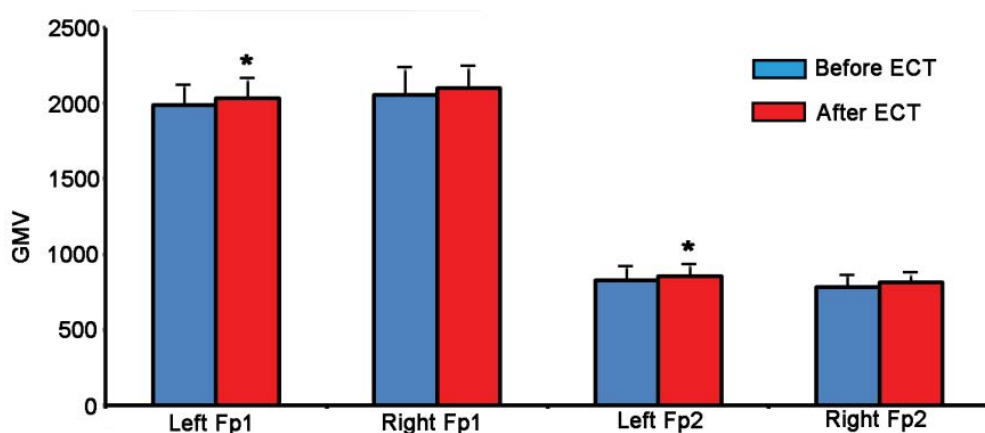
We found that the GMV of the left Fp1 and left Fp2 were significantly increased in the MDD patients after ECT (**Figure 2**).

■ **Effects of ECT on RSFC of Fp sub-regions**

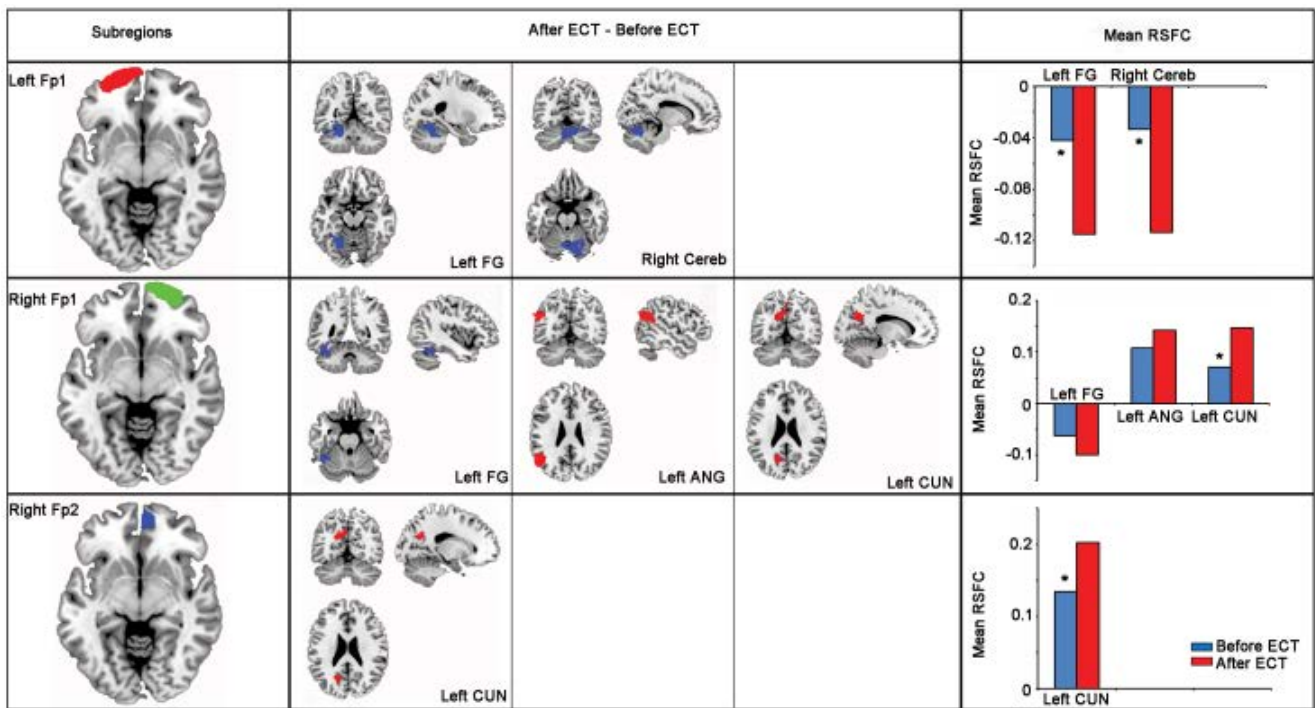
The distinct patterns of altered functional connectivities of Fp sub-regions were modulated by ECT in MDD patients (**Figure 3**). Specially, the RSFC of the left Fp1 and Cereb, the left fusiform gyrus (FG) were significantly decreased in MDD patients after ECT. The right Fp1 showed increased RSFC with the left angular gyrus (ANG) and the left cuneus (CUN), as well as decreased RSFC with the left FG in MDD patients after ECT. The right Fp2 showed increased RSFC with the left CUN in MDD patients after ECT (**Table 2**).

■ **Correlation analyses**

The changes of GMV of the left Fp1 was



**Figure 2:** Effects of ECT on gray matter volume (GMV) of the Fp sub-regions in MDD patients. Paired two-sample *t*-tests were performed in MDD patients before and after ECT. \*represents a significant difference between the two groups with  $p < 0.05$ .



**Figure 3:** Effects of ECT on resting-state functional connectivity (RSFC) of the Fp sub-regions in MDD patients. Paired two-sample *t*-tests were performed in MDD patients before and after ECT. The significance was determined with a cluster-level corrected threshold of  $p < 0.05$  (cluster-forming threshold at voxel-level  $p < 0.001$  using the AlphaSim method). The first column shows the sub-regions of Fp for assessing the RSFC. The second column shows alterations of RSFC in MDD patients before and after ECT. Red and blue colors represent increased and decreased RSFC in the MDD patients after ECT, respectively. The third column shows bar plots of mean RSFC of the bilateral Fp1 and Fp2 with target regions. Paired two-sample *t*-tests were performed in MDD patients before and after ECT. \*Represents a significant difference between the two groups with  $p < 0.05$ . Abbreviations of brain regions are listed in Table 2.

**Table 2: Brain regions which showed significant altered RSFC with Fp sub-regions in MDD patients after ECT.**

| Seed regions | Brain regions           | Abbreviations | Number of voxels | Peak MNI coordinates | Peak intensity |
|--------------|-------------------------|---------------|------------------|----------------------|----------------|
| Left Fp1     | the right cerebellum    | Right Cereb   | 214              | 12 -66 -21           | -7.3353        |
|              | the left fusiform gyrus | Left FG       | 210              | -24 -54 -15          | -5.767         |
| Right Fp1    | the left fusiform gyrus | Left FG       | 67               | -42 -48 -24          | -6.486         |
|              | the left angular gyrus  | Left ANG      | 168              | -51 -63 27           | 7.6936         |
|              | the left cuneus         | Left CUN      | 150              | -15 -63 24           | 5.9943         |
| Right Fp2    | the left cuneus         | Left CUN      | 89               | -18 -63 24           | 5.4912         |

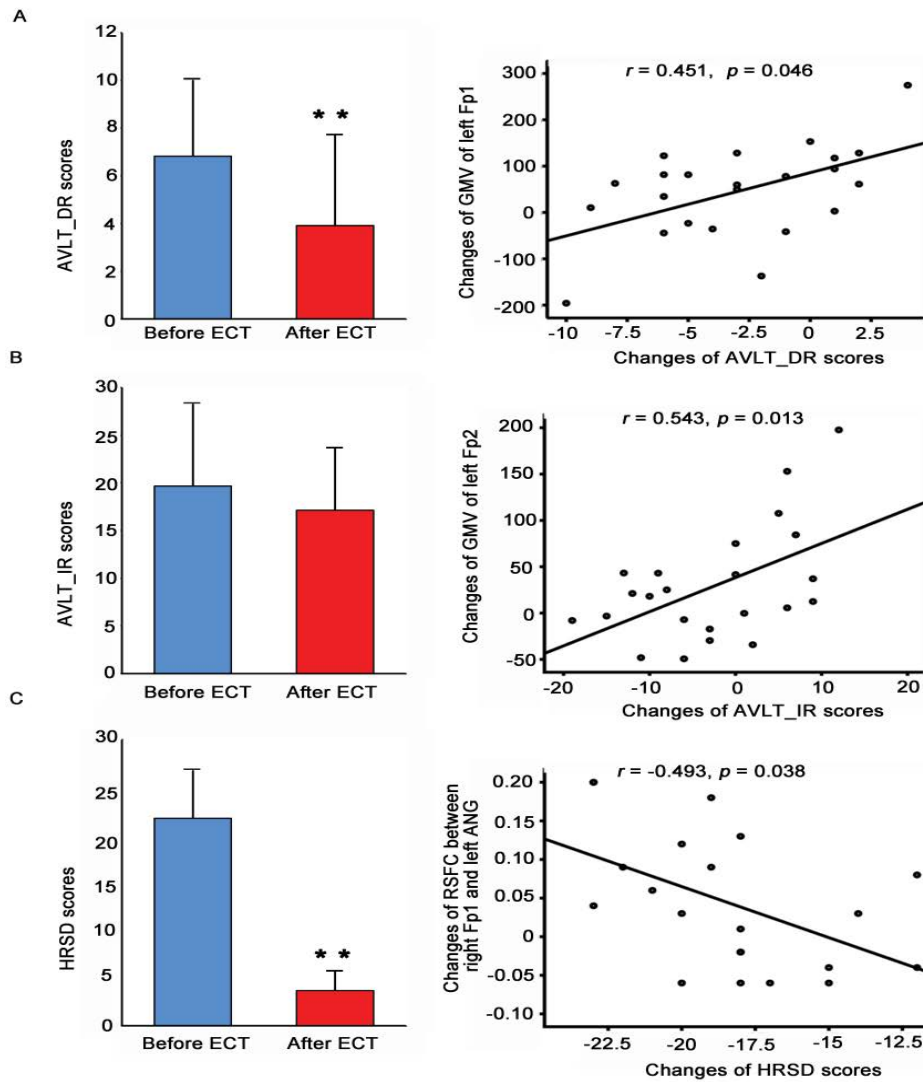
significantly correlated with the changes of AVLT-DR (Figure 4A), and the changes of GMV of the left Fp2 was significantly correlated with the changes of AVLT-IR (Figure 4B). Moreover, the changes of RSFC between the right Fp1 and the left ANG was significantly correlated with the changes of HRSD scores (Figure 4C).

**Discussion**

To explore the mechanism of ECT, we combined VBM and RSFC to assess the structural and functional changes of Fp sub-regions in a group of MDD patients before and after ECT. Our results showed that ECT can selectively modulate the GMV and the RSFC patterns of

Fp sub-regions in MDD patients, suggesting lasting effects on the functional and structural architecture of the Fp. Furthermore, we found significant associations between the changes of the HRSD score and the changes of RSFC between the right Fp1 and left ANG, between the changes of the AVLT-IR and the GMV of the left Fp1, as well as between the AVLT-DR and the GMV of the right Fp2 in the MDD patients.

Using cytoarchitecture-based definition of Fp sub-regions, we can assess the structural and functional role of the Fp at the sub-regional level. Thus, we can more specifically evaluate the therapeutic efficacy and side effects of ECT to identify the exact role of Fp in MDD.



**Figure 4:** (A) The correlation between changes of GMV of left Fp1 and changes of AVLT-DR scores. (B) The correlation between changes of GMV of left Fp2 and changes of AVLT-IR scores. (C) The correlation between changes of HRSD scores and changes of RSFC between right Fp1 and left ANG. Abbreviations: AVLT-DR, Delayed Recall of Auditory Verbal Learning Test; AVLT-IR, Immediate Recall of Auditory Verbal Learning Test; HRSD, Hamilton Rating Scale for Depression; and ANG, the angular gyrus.

As expected, different Fp sub-regions showed different changes in structural and functional patterns in MDD patients after ECT. In addition, we found that the reductions of AVLT-DR and AVLT-IR were significantly correlated with the changes of GMV of the left Fp1 and the changes of the left Fp2, respectively, whereas the reduction of HRSD scores was significantly correlated with the changes of RSFC between right Fp1 and left ANG. This finding suggested different contributions of areas Fp1 and Fp2 to the pathology of MDD, which was supported by a previous study [19]. Moreover, these different patterns described here may support the long-standing view that the therapeutic efficacy

and memory deficits of ECT have distinct neurobiological substrates. Thus, it is reasonable to speculate that the therapeutic efficacy of the ECT was more related to the right Fp1, whereas the delayed and immediate memory deficits of ECT was more related to the left Fp1 and Fp2, respectively.

Structurally, we found significantly increased GMV of the left Fp1 in the MDD patients after ECT. Further analysis identified significantly decreased RSFC between the left Fp1 and the left FG and the right cerebellum (Cereb) in the MDD patients after ECT. The left Fp1 was reported to be involved in memory in many previous studies [18,23,24]. The left FG is a component of the

ventral processing stream for visual information and complex feature detection [25]. Although it seems to be specifically involved in the perception of faces and recognition of face identity [26], accumulating evidence has highlighted the role of the left FG in memory, such as recency memory [27], working memory [28], long-term memory [28,29], and content processing of subsequent memory [30]. Although the Cereb has long been recognized as a region which coordinates motor behavior [31], most imaging studies reported that it was involved in working memory [32,33], showing significant activation in the cerebellar posterior lobe during the working memory paradigms. Moreover, numerous neuroimaging studies have shown structural [34] or functional abnormalities [35,36] of the Cereb in MDD patients. Given the important roles of the left Fp1, left FG and right Cereb in memory, the decreased RSFC between left Fp1 and left FG, right Cereb in the MDD patients after ECT may be associated with the memory deficits after ECT. This conclusion was further supported by the correlation analysis identifying a significant association between changes of GMV of the left Fp1 and the changes of the AVLT-DR in MDD patients.

We also found significantly increased GMV of the left Fp2 in MDD patients after ECT. In MDD patients, the neurobiological alterations of the Fp were described in many previous studies, including difference in serotonin receptor densities [37] and reductions of the GMV [12]. Moreover, Bludau and his colleagues found a significantly smaller GMV of left Fp2 in MDD patients using cytoarchitectonically informed VBM [19]. Given the important roles of the left Fp2 in MDD patients, our findings of increased GMV of this sub-region may contribute to the therapeutic mechanism of ECT for MDD. However, we didn't find significant association between the changes of GMV of the left Fp2 and the changes of HRSD scores in the MDD patients after ECT, which may suggest that the left Fp2 is not the most effective response targets for ECT though the structural alteration was found in this sub-region. Instead, we found significant association between the changes of GMV of the left Fp2 and the changes of the AVLT-IR in the MDD patients after ECT. Therefore, the increased GMV of the left Fp2 may contribute to the memory deficits in the MDD patients.

Functionally, significantly increased RSFC between the right Fp1 and left ANG was

identified in the MDD patients after ECT. The left ANG was reported to be involved in MDD patients such as decreased regional cerebral blood flow [38], decreased amplitude of low-frequency fluctuation, and increased fractional amplitude of low-frequency fluctuation [39]. In a previous study, Wei and his colleagues also identified significantly increased voxel-mirrored homotopic connectivity in the ANG, which indicated that the rebalance of ANG may contribute to the therapeutic mechanism of ECT for depression [7]. Our finding was consistent with the previous study highlighting the important role of the left but not the right ANG. In a word, we speculated that the left ANG played more important roles than other brain areas in the therapeutic mechanism of ECT for depression. Moreover, a previous study revealed that the altered nodal centrality in the left ANG was correlated with HRSD scores in the MDD patients [40]. In line with this finding, our result showed a significant association between the changes of RSFC between the right Fp1 and left ANG and the changes of HRSD scores in MDD patients. This association indicated that the RSFC between right Fp1 and left ANG may predict the therapeutic response of ECT in MDD patients.

Additionally, significantly increased RSFC between the right Fp1 and left CUN and between the right Fp2 and left CUN were identified in the MDD patients after ECT. Most previous neuroimaging studies have identified altered GMV [41,42], decreased surface area [43], reduced voxel-mirrored homotopic connectivity [44], and increased fractional amplitude of low-frequency fluctuations [45] in the left CUN in MDD patients. Moreover, the GMV in the CUN was also reported to be associated with better inhibitory control in bipolar depression patients [46]. Similarly, functional studies identified abnormal activity in the CUN during both resting state and task processing, which may lead to inhibitory deficit to generate episodic richness and imagery symptoms in MDD patients [47,48]. Therefore, these increased RSFC between the right Fp1 and left CUN and between the right Fp2 and left CUN may be associated with the therapeutic mechanism of ECT in MDD patients.

There are several limitations in our present study. Firstly, we assessed clinical measurements 24-72 hours after the last ECT and identified significantly decreased HRSD scores and AVLT-DR scores in MDD patients. However, a recent



meta-analytic review revealed that no significant cognitive side effects related to ECT were found after 15 days [49]. Therefore, our study could be enhanced by including a longitudinal study over a 1-month or even 1-year period to investigate lasting changes. Secondly, MDD patients take antidepressant medications at both assessment points, confounding a straightforward interpretation of ECT effects, since previous study suggested that antidepressant medications may reduce RSFC [50-60]. Although patients had failed to respond to psychotropic medication, the medication effects cannot be ruled out. Future studies of medications-naive patients that would exclude the effects of depressive medications on our findings are warranted. Finally, no normal controls are included in our study, which weaken our interpretations.

### Conclusion

In the current study, we combined VBM and RSFC to uncover ECT selectively modulated the structure and function of Fp subregions in 23 MDD patients before and after ECT, suggesting lasting effects of ECT on the structural and functional architecture of the Fp. Furthermore, the significant associations between the changes

of the HRSD score and the changes of functional connectivity between right Fp1 and left ANG, between the changes of the AVLT-IR and the GMV of the left Fp1, as well as between the AVLT-DR and the GMV of the left Fp2 suggested that the neural indices can predict the behavioral performances of MDD patients under ECT. These findings offer us a novel view to understand the mechanism of ECT and may help us optimize the ECT procedures for improving therapeutic efficacy and reducing side effects.

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### Conflicts of Interest

None

### References

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